

GENERAL INFORMATION PRIOR TO GENERAL ANESTHESIA IN THE HOSPITAL AND IV SEDATION IN OUR DENTAL OFFICE

- 1. Please plan your day accordingly. Today is dedicated to your child's dental surgery.**
- 2. Please bring two responsible adults with you the day of the surgery. If you have other children, you may consider arranging alternate care during the surgery day.**
- 3. Be sure to not eat or drink anything after midnight the night before the procedure. Please avoid brushing your child's teeth the morning of the surgery.**
- 4. Bring a change of clothing the day of the surgery.**
- 5. Wear loose clothing and please no one piece outfits.**
- 6. If your child wears a diaper, please have them wear it the day of the surgery.**
- 7. Please bring your child's favorite toy and blanket the day of the procedure.**
- 8. Remember to have plenty of Children's Motrin or Children's Tylenol at home.**
- 9. Please purchase foods like Jell-o, Popsicles, soup, ice cream, yogurt, apple juice, 7-up, and any other favorite foods that are on the "light" side.**
- 10. Please call (831) 375-4877 if you have any questions.**

MONTEREY



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POST OPERATIVE INSTRUCTIONS AFTER HAVING GENERAL ANESTHESIA IN THE HOSPITAL OR IV SEDATION IN THE DENTAL OFFICE

1. Your child will be sleepy for most of the day. Make a bed on the floor. This way there is no chance they could roll and fall out of a bed or couch.
2. They should be under constant supervision. No playing, swimming, or "running around".
3. Go to the bathroom with them.
4. They may be dizzy and experience blurred vision. This is completely normal.
5. Often a patient recovering from sedation will experience nausea and may vomit several times. The best thing to do is to offer them cool water until the nausea and vomiting subsides. Then offer them diluted apple juice, 7-Up, or Gatorade. Avoid milk or orange juice during this period. Once they are able to tolerate a liquid other than water, give your child a dose of Tylenol or Motrin. If they tolerate the medication, then you may give them Jello, apple sauce, soup, Jamba Juice, milk shake, or yogurt. Basically, we are gradually increasing the heaviness of the foods from clear to thick.
6. Your child may experience a fever. A temperature of 101 F and below is normal. Your child only needs liquids and Tylenol or Motrin. Above 101 F is an indication of infection either from the surgery or another childhood illness ("a cold"). Please contact the office if this occurs.
7. Please call 831-375-4877 if you have any questions of concerns.